

Tooth Colored Restorations

You have just received a tooth colored restoration. The material used in your teeth is a modern resin material that should serve you well for several years. We choose this type of restoration because of the following advantages:

White fillings are esthetically more pleasing.

They do not contain mercury!

Much less enamel needs to be removed during the preparation of the tooth.

The edge between the filling and the tooth is tighter than any other type of filling.

You should be aware of the following information about your new fillings:

Chewing: The resin hardens immediately after placement but you may wish to postpone eating until the anesthetic wears off to avoid damage to your cheek and tongue. Avoid chewing excessively hard foods (hard candy, ice, etc.) because portions of the material can be broken from the tooth with extreme force. In the event that breakage occurs please call us and in most cases we can perform a simple repair. Occasionally it is necessary to crown a tooth to achieve a long-lasting result.

Check-ups: Plan on visiting us for your regular six month checkups. Problems that may develop around the restoration can be detected at an early stage and easily corrected. Waiting for longer periods of time may require redoing the entire restoration.

Sensitivity: Initial sensitivity to cold and/or pressure is not uncommon. Ibuprofen is recommended for the first several days after treatment. Should symptoms not improve after that time then please give us a call. In rare instances cold sensitivity is prolonged and may last as long as several weeks but will still resolve.

What to Expect: Please continue to remove all plaque daily by brushing and flossing. By doing so we expect that you will receive several years of service from these restorations. However, we have seen the following unavoidable situations occur which may require replacement:

Depending on the foods you eat, medications taken, and other health issues, there may be a slight change in the color of the resin over a period of years - especially around the edges of the filling where it contacts the natural tooth. They should be replaced if this discoloration is objectionable to you.

Your gums may recede away from the restoration displaying discolored tooth surfaces. Again, if objectionable, the restoration should be replaced.

We have done our best to provide you with the finest quality restoration(s) available today. However, as with any fine product, your continuing care and concern will assure you of optimal longevity.

Please call us at 726-8272 if you have any concerns or questions - Scott Featherstone DDS